

# Tucabia Public School

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Term 4 Week 5

Nov 8 2017

## Swim School

Last week you received the permission note for swim school. Please return the permission note and money as soon as possible. The cost this year is \$50 per child. If you are having any issues with this please contact Mr Simpson soon.



## Canteen

Home made Chicken Kebabs are on the menu next week!



## Remembrance Day Service

A Remembrance day service will be held this Saturday November 11 at Ulmarra beginning at 10.50am. We are also having a school service on this Friday 10th at 10:40 am. Everyone from the community is invited to attend either event. A special invitation to all students to attend the Ulmarra service as representatives of our school and community. Students are asked to wear full school uniform.



REMEMBRANCE DAY  
*Left We Forget*

## Grafton HS—Selective Class

Applications for selective high school placement in Year 7 in 2019 open on **10 October 2017** and close on **13 November 2017** at <https://education.nsw.gov.au/publicschools/selective-high-schools-and-opportunity-classes/year-7>.

## P&C Meeting

The school P&C will be having a meeting this coming Monday 13th November at 8am in the library. Important matters regarding school uniforms and upcoming Bunnings Fund raiser need to be discussed plus other key issues for the rest of the year. Please come along and support our school community.

## Kids in the Kitchen

For the next 2 Mondays Mrs Peterie will be running a Kids In The Kitchen activity at school. Throughout the day the students will receive learning about healthy food choices and the safe handling of food. They will be involved in the preparation and making of their food and best of all the eating of their food for lunch.

3-6 will be cooking on Monday 13th and K-2 on Monday 20th.

Students will be making Vietnamese rice paper rolls and apple pies for dessert.



If you think your child will not eat this for lunch please supply additional food on the day for lunch.

## Live Life Well @ School

It was great to talk with Kate Collins who is the Health Promotion Officer for Northern NSW and reflect on the position that Tucabia is in regarding current practices in our school. She highlighted the following points which we should all be proud of:

School Ethos & Environment:

- We are implementing the new NSW Healthy School Canteen Strategy to a high standard.
- The school has promoted nutrition campaigns such as "Fruit & Veg Month" and "Crunch & Sip".
- There is an edible garden.
- Sports equipment is available at recess and lunch.
- Student peer-led nutrition and physical activity opportunities exist.
- Community participation in the preparation and serving of healthy food in the canteen.
- School participation in Sporting School and Premiers Sporting Challenges.



The school provides food growing experiences or a food garden



Our canteen is consistent with NSW Healthy School Canteen Strategy

Well done Tucabia.

## Diary Dates

- Nov 10/11 - Remembrance Day Assembly

- Nov 13 & 20 - Kids in the Kitchen
- Nov 27 - Dec 8 - Swim School



# Community News

CLARENCE VALLEY COUNCIL PRESENTS

## TOOLBOX *a Parenting Festival!*

10-15 NOVEMBER 2017

**FREE**

**WORKSHOPS, EVENTS, INFORMATION, ADVICE.**

Find out more at: [www.clarencevalleycouncil.nsw.gov.au/parentingtoolbox](http://www.clarencevalleycouncil.nsw.gov.au/parentingtoolbox)  
or on Facebook @clarencevalleycouncil in the upcoming events section

  
clarence  
VALLEY COUNCIL



pool party at  
**MACLEAN OLYMPIC POOL**  
Argyle Street  
Maclean NSW 2463



for more information  
**VALLEY POOL SERVICES**  
P | (02) 6645 2521  
M | 0427 492 244



WATER SLIDE | JACK'S SPLASH | SLIP 'N' SPLASH | AQUA SPLASH

**WHERE | Maclean Olympic Pool**

**DATE | Saturday 11 November 2017**

**TIME | From 12 - 4pm**

**COST | \$12pp + Pool Entry**

**Pool Party**  
MACLEAN OLYMPIC POOL



## Kindy Transition

Yesterday was our last kindy transition day. It was exciting to see their smiling faces and already see them settling into the routines of school life. They can't wait for next year.



## **Permission Note - K - 6 Swimming Scheme**

I give permission for my child/children \_\_\_\_\_ to participate in the Swimming lessons being held at Maclean Pool from November 27 to December 8, 2017.

I understand travel will be by bus. Cost is \$50.00 per child.

If paying online please enter Swimming in the payment description under the Sport tab.

\_\_\_\_\_  
Parent/Caregiver

\_\_\_\_\_  
Date

I have enclosed payment of \_\_\_\_\_

I have made a payment online. The receipt number is \_\_\_\_\_



----- **Please detach and return to school** -----

## **Canteen Order Form Tuesday 14.11.2017**

Write the number of items in each box

Return to school by Monday

Name	Total Cost
Chicken Kebab and Salad – \$3.50 2 Kebabs \$5:00	Jelly and Custard \$1.00
Zooper Dooper – 50c	Jelly or Custard – (circle choice) 50c each
Popper \$1	Fruit Bowl (RECESS) \$1